



# Nantyr News



## MARCH 2024

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## Upcoming Events:

- MARCH 4-8:** Celebration Week
- MARCH 11-15:** MARCH BREAK
- MARCH 22:** School Dance
- MARCH 27:** Parent Teacher Interview Night  
5:30-7:30pm
- MARCH 27:** Parent Council Guest Speaker (time TBD)
- MARCH 18-**
- APRIL 5:** OSSLT Prep Sessions (by invitation only)

**April 8-12, 17, 23:** OSSLT Spring Dates



Celebration week is coming up the week before March Break (**Monday March 4th-Friday March 8th**).

There will be some fun activities happening during lunch as well, so stay tuned to the announcements and the We The Shores Instagram for information. We can't wait to see your school spirit!

**School dance!** This year's second school dance will be coming up on Friday **March 22<sup>nd</sup> from 7-10pm**. Tickets are \$25 and students must have a student card to attend. Tickets will be going on sale on Thursday March 7<sup>th</sup> at 4:00pm on School Cash Online. This will be the last dance of the school year and there are a limited number of tickets available, so don't miss out!

### Subscribe To Community Connects!



### Reminder

Students are to be in class when at the school. Guardians are not able to sign their student out of class to work on homework in the cafeteria or library.

The Simcoe County District School Board (SCDSB) is excited to launch Community Connects, a new bimonthly newsletter for the SCDSB community. Our shared goal with this new tool is to keep our community partners and stakeholders informed while nurturing relationships that are built on accountability, trust, and transparency.

To learn more and subscribe, visit the Community Connects page on the SCDSB website:

[https://www.scdsb.on.ca/community/community\\_connects](https://www.scdsb.on.ca/community/community_connects).

### **Reminder: Absence Reporting System for SCDSB Schools Call 1-888-885-8065 to Report an Absence**

This school year, the Simcoe County District School Board (SCDSB) implemented a new absence reporting system at secondary schools. This system supports us in continuing to improve our home-to-school communication process and streamlines absence reporting.

**To report a student absence, call 1-888-885-8065.** Callers will be prompted to identify the school before leaving a message. Parents/guardians should include the student's name, teachers' name, dates, and reason for the absence. If you have questions about the system, please contact the school office.

## Guidance Department Update

**For the latest information, follow us on Twitter! @NantyrGuidance**

Counsellor	Student Alpha	Request a Guidance Appointment - Click link	Email
Ms. Kalbfleisch	A - F	<a href="https://nssguidancekalbfleisch.youcanbook.me">https://nssguidancekalbfleisch.youcanbook.me</a>	akalbfleisch@scdsb.on.ca
Ms. Weymark	G - N	<a href="https://nssguidanceweymark.youcanbook.me">https://nssguidanceweymark.youcanbook.me</a>	nweymark@scdsb.on.ca
Ms. Shaw	O - Z	<a href="https://nssguidanceshaw.youcanbook.me">https://nssguidanceshaw.youcanbook.me</a>	jshaw@scdsb.on.ca
<b>Guidance Assistant</b>			
Liisa Laanes		Ext 40290	Email - llaanes@scdsb.on.ca
<b>Student Success</b>			
Matt Rietkoetter		Ext 40374	Email - mrietkoetter@scdsb.on.ca

### **News from Guidance:**

#### **2024-2025 School Year**

Course selections for the 2024-2025 school year were due Thursday, February 29<sup>th</sup>. If you have not submitted your courses yet, please do so ASAP. If you need assistance, please see the many resources posted on the Guidance page of the Nantyr website here: [https://nss.scdsb.on.ca/departments/guidance/course\\_selection](https://nss.scdsb.on.ca/departments/guidance/course_selection). You can also book an appointment with a guidance counselor here: <http://nss.scdsb.on.ca/departments/guidance>. Students have a limited time to make changes to these selections prior to the timetable being made. All changes should be made before March 31<sup>st</sup>.

#### **Summer School 2024**

Summer school will be running through the Learning Centres again this year. All courses are offered through eLearning using the D2L platform (aka Brightspace). SCDSB's course offerings are below. Please check

[https://www.thelearningcentres.com/programs/summer\\_school](https://www.thelearningcentres.com/programs/summer_school)

for more details. Sign-up is currently available. Students who wish to take a summer school course MUST register with a Guidance Counselor. Students interact asynchronously every weekday with their peers and the teacher using a virtual learning environment. The commitment required is 5 hours per day/5 days per week for 4 weeks.

### **2024 SCDSB summer courses:**

#### **July Term: July 2, 2024 - July 26, 2024**

English	Science	Math	Other
ENG2P	SBI3C	MPM2D	*CHV2O (civics)
ENG2D	SBI3U	MBF3C	**GLC2O (careers)
OLC3O	SCH3U	MCR3U	CGC1D (Geography)
NBE3C	SPH3U	MAP4C	CHC2P (History)
NBE3U	SBI4U	MDM4U	CHC2D (History)
OLC4O	SCH4C	MHF4U	TFC3E (Hospitality and Tourism: Cooking)
ENG4C	SCH4U		TFC4E (Hospitality and Tourism: Cooking)
ENG4U	SPH4C		GLN4O
			HSC4M (world cultures)
			HSE4M (equity and diversity)
			PAF1O
			PAF2O

\* CHV2O runs for 2 weeks from July 2, 2024 - July 12, 2024

\*\* GLC2O runs for 2 weeks from July 15, 2024 - July 26, 2024





# Prom Glitz 2024



Grade 12 Prom and Grade 8 Grad Dresses will be available  
at the Kozlov Centre at 400 Bayfield St.

Thurs. Feb. 1 12:00 – 6:00 p.m.  
Fri. Feb. 2 12:00 – 6:00 p.m.  
Sat. Feb. 3 9:30 – 5:00 p.m.

Fri. Feb. 9 4:00 – 6:00 p.m.  
Sat. Feb. 10 9:30 – 5:00 p.m.

Fri. Feb. 23 4:00 – 6:00 p.m.  
Sat. Feb. 24 9:30 – 5:00 p.m.

No appointment necessary.

Limited space, one graduate with one guest only.

Dresses are free but cash donations are appreciated.

**Simcoe County**  
District School Board

## Be *scents*itive to others.




Please help to achieve a  
scent-reduced environment and  
avoid the use of scented products.

## We share the air.



## **Cooperative Education Employer Appreciation**

Thank you to all of our employers for hosting co-op students throughout the year, without your support this program would not be made possible. Every month we will be highlighting local employers as well as showcasing our students on Instagram; follow us all year  @nsscoop.

A big shout out goes to **Innisfil YMCA** and **Innisfil Shoppers Drug Mart** for being supporters of the Co-op Program at Nantyr Shores Secondary School. These employers go above and beyond to help engage and train our students to become valuable employees within our community.

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### **How can you help?**

We are always seeking partners in experiential learning. Fill out the google form below and we will be in touch! <https://forms.gle/Rv5ALjdqx1tWNGqu6>

Students in our **Construction Specialist High Skills Major (SHSM)** program participated in tours of the Liuna Training Centre, the Electrical Training Centre and Georgian College Construction/Cabinet Making and Precision Metal (Machine) shops. Students were able to get hands on stripping forms and pounding nails. Exploring options for after high school is an important part of our SHSM. For mor information about this major or any of our others (Hospitality, Health and Wellness, and Environment) please contact Dave Hooper at [dhooper@scdsb.on.ca](mailto:dhooper@scdsb.on.ca).



### **March Break**

Please note that March 11 to 15 is March Break for all SCDSB students. Please refer to the 2023-24 School Year Calendar on the SCDSB website for more information: [www.scdsb.on.ca/elementary/planning\\_for\\_school/school\\_year\\_calendar](http://www.scdsb.on.ca/elementary/planning_for_school/school_year_calendar).

### **Kindergarten registration for September 2024 is open!**

Kindergarten is the beginning of a wonderful journey of learning, and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2024? If so, we invite you to register your child for Kindergarten. To register online or for more information visit: [www.scdsb.on.ca/kindergarten](http://www.scdsb.on.ca/kindergarten).

### **Child care programs available on PA days, holidays, and March Break**

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care on PA days and holidays, including over the March Break (March 11 to 15). Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. For more information and contact numbers, please visit: [www.scdsb.on.ca/elementary/planning\\_for\\_school/childcare\\_before\\_after](http://www.scdsb.on.ca/elementary/planning_for_school/childcare_before_after).



# Nantyr Shores TRITONS Music

Triton Music started off Festival Season this year with a lot of energy, spirit, and success at Ontario Band Association's Provincial Band Festival.

Our Seniors, in their second season competing, bumped up 2 difficulty levels and had a great performance. They earned Gold from both their adjudicators, achieving a Gold Overall.

Our Juniors made history for our program and town, being the first ever Junior Band from Innisfil to go and compete in their first ever festival. Our group of Gr 9s and 10s did a phenomenal job, wowing the audience and the adjudicators. They also earned Gold from both their adjudicators, achieving a Gold Overall, as well as Brass Excellence Award.

We also won OBA's Excellence in Band Development Award, for the incredible success, spirit, and growth of our program this past year.

Thank you to our families & community for your continued support!"



### **School climate survey**

During the month of March, all students in Grades 4 to 12 will be asked to complete an anonymous and confidential online SCDSB School Climate Survey about their school experience. Participants will not be asked to provide their name or any other identifying information because all surveys are anonymous.

The survey results will provide valuable feedback to staff related to the SCDSB Strategic Priorities.

Similar to prior SCDSB school climate surveys, the questions cover a range of topics, such as:

- excellence in teaching and learning;
- mental health and well-being;
- diversity, equity, and inclusion;
- community; and,
- experiences of school safety and bullying.

### **Student survey**

A sample version of the student survey is available on the SCDSB website. The online survey is completed while students are at school and takes 15 minutes or less to complete.

We understand that some students in the SCDSB may not be able to complete their school climate survey on their own and may require the help of staff. A modified version of the survey is available for students who require this assistance to complete their survey.

### **Questions?**

School staff will be available to answer any questions or concerns a student may have. Questions about the 2023-24 SCDSB School Climate Survey can also be directed to [schoolclimate@scdsb.on.ca](mailto:schoolclimate@scdsb.on.ca).

The information that is collected will be used to help guide our schools in creating and maintaining safe and supportive learning environments for all students. Thank you for your support!

### **Join us! A learning series for parents/guardians with Pine River Institute**

Mental health and well-being continues to be a key strategic priority within the SCDSB. We are pleased to continue our partnership with the Centre for Family Initiatives at Pine River Institute (CFI@PRI) to provide several curated learning sessions focused on student mental health and well-being to SCDSB families.

There are eight webinars specifically planned for parents/guardians and other caregivers during this school year. The remaining webinars are:

March 28, 2024 Building parents' resiliency

April 18, 2024 Vaping, weed, and alcohol

We hope you save these dates in your calendar and join us for these learning opportunities. For more information and to register, please visit the SCDSB website: <https://bit.ly/3jGaC74>.

Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully-accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and care providers in the community to support youth mental wellness and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at [www.pineriverinstitute.com](http://www.pineriverinstitute.com).

### **Interested in learning more about the ways that the SCDSB supports students with special education needs and their families? Join us for a virtual special education information series**

During the 2023-24 school year, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/guardians in learning more about programs, supports, and ways that we work together to support students with special education needs.

#### **Reading strategies**

March 19

6:30 to 7:30 p.m.

#### **Supporting students with Autism Spectrum Disorder (ASD)**

April 16

6:30 to 7:30 p.m.

#### **Every day mental health strategies**

May 14

6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website:

[www.scdsb.on.ca/elementary/special\\_education/special\\_education\\_outreach\\_sessions](http://www.scdsb.on.ca/elementary/special_education/special_education_outreach_sessions).



### **Registration now open for summer eLearning!**

Create flexibility in your timetable and earn a credit! The Simcoe County District School Board (SCDSB) is offering summer school eLearning courses in July 2024 for current high school students or adult learners who are interested in creating flexibility in their schedule, earning a new credit, or upgrading a previous mark. Students can advance online learning skills, earn missed credits, or fast-track preparation for graduation or post-secondary in just four weeks.

Summer school program details can be found on the Learning Centres website at

[www.thelearningcentres.com/programs/summer\\_school](http://www.thelearningcentres.com/programs/summer_school).

The SCDSB also supports secondary students in participating in a variety of EDUTravel credit programs in July and August. EDUTravel programs are offered in a variety of destinations including Canada, USA, and Europe. For more information including costs, destinations, credits, and dates of commitment, visit: [www.edutravelforcredit.com](http://www.edutravelforcredit.com).

### **Looking for ways to support your child in learning math? Check out the SCDSB's new Math at Home resource!**

The Simcoe County District School Board (SCDSB) is committed to supporting students in understanding and doing mathematics. The SCDSB has developed the Math at Home resource, a compilation of family-friendly, accessible, and engaging math resources and tools designed to engage families in supporting their children's learning.

The Math at Home page on the SCDSB website, available at [www.scdsb.on.ca/MathAtHome](http://www.scdsb.on.ca/MathAtHome), includes a variety of math games, number talks, problem solving opportunities, and practice tasks for students from pre-Kindergarten to Grade 10. Families will learn about how to support the development of positive math mindsets in their children and discover activities with connections to math in the world. The resource also includes a variety of print and digital resources for students and their families.

### **Math @Home parent and caregiver series**

It's back! The SCDSB math team is pleased to offer virtual sessions for parents and caregivers of SCDSB students. These sessions focus on practical and fun ways to support children with their mathematics learning and engagement at home. The first 200 registrants will receive a Math @Home kit of resources to use at home. Participants must pre-register for each of the sessions.

#### **Games to support your child's math learning @Home**

Thursday, April 4, 2024, 7 to 8 p.m.

This session is for parents, caregivers, and their children. Playing games at home is a great way to support child(ren)'s math development. In this session, several games will be explored, and participants will have the opportunity to try the games with their children during the session. The guided portion of the session will be 45 minutes in length followed by 15 additional minutes for further game play or to ask questions of our math facilitators. Bring your child(ren) and your math kit to this session!

Participants must pre-register. Registered participants will receive a kit of hands-on resources that will be sent to the school indicated on the registration form. Use this link to register: <https://bit.ly/24MathAtHome>. If you couldn't attend the previous sessions, visit the Math at Home page on the SCDSB website to view past sessions: [www.scdsb.on.ca/MathAtHome](http://www.scdsb.on.ca/MathAtHome).

### **Engaging in literacy during March Break**

Local libraries offer many fun and engaging activities for families during March Break. Visit

[www.simcoe.ca/lists/locations/libraries.aspx](http://www.simcoe.ca/lists/locations/libraries.aspx) for a list of libraries in Simcoe County. You will find a link to access each library's website to view their upcoming events. The Barrie Public Library is offering a puppet show at their downtown location. Make sure to check out what your local library has to offer during March Break!

### **March cyber awareness topic: backup your data**

Why does backing up your data matter? Data loss can happen unexpectedly due to various reasons: hardware failure, accidental deletion, or even cyber threats. By regularly backing up your data, you create a safety net that allows you to recover important files and memories.

Access the ECNO cyber awareness tip sheet to stay informed about this month's topic and explore additional resources:

[https://ecno.org/wp-content/uploads/2023/09/ECNO-CAM-Calendar-23-Aug3023\\_BackupData.pdf](https://ecno.org/wp-content/uploads/2023/09/ECNO-CAM-Calendar-23-Aug3023_BackupData.pdf)

Let's make March a month of digital preparedness!

### **Is your child starting JK or SK in September?**

The Simcoe County EarlyON Child and Family Centres are excited to offer in-person and virtual programs that help prepare children and parents for Kindergarten. Parents/guardians and children will have the opportunity to interact together in a variety of school readiness activities.

These programs will look at and discuss: How Does Learning Happen, Self Regulation, Social Skills, and How to Get Ready to Start School. To register for a program in your area visit: [www.earlyonsimcoenorth.ca/GRFK](http://www.earlyonsimcoenorth.ca/GRFK).

## **New Grade 7/8 Mental Health Literacy Modules support student mental health and well-being**

As of January 2024, the Ministry of Education introduced a series of three modules per grade to support the existing mental health literacy expectations within the grades 7 and 8 Health and Physical Education curriculum. This series of three, 40-minute modules per grade will be delivered by educators to support the existing mental health literacy expectations within the Health and Physical Education curriculum. They're not new learning – they offer ways to enhance the delivery of the existing curriculum and focus on mental health literacy.

This learning will help equip students with inclusive, culturally responsive, evidence-informed knowledge, skills, and strategies to support their mental health and well-being. They align with and support the work we do in the Simcoe County District School Board to support student mental health.

The modules were informed by extensive consultation with parents/guardians, students, cultural, and community organizations.

There are important reasons to bring these modules into the classroom:

- Students want to learn more about mental health at school (<https://smho-smso.ca/online-resources/hearnowon-2021-student-voices-on-mental-health-final-report/>).
- This learning helps students develop skills that support positive mental health.
- Mental health learning supports learning in all other areas.
- This learning can encourage conversations and help students in need reach support.
- As caring adults in the lives of young people, we want students to be well!

Feel free to watch the introductory video that provides more information:

<https://vimeo.com/857720241/3877843c8c?share=copy>.

## **Mental health promotion strategy of the month - *Tense and Relax***

Well-being is a Strategic Priority in the Simcoe County District School Board, and our mental health and well-being department provides monthly strategies to support student and family well-being.

This month's strategy is *Tense and Relax*. This strategy helps children and youth develop the skills to notice how their body feels when they are tense and relaxed, and to learn how to relieve tensions and to self-regulate.

To practice *Tense and Relax* at home, together with your child, model this relaxation practice and work your way down your bodies, slowly tensing and relaxing each of your muscles. Discuss with them how each area of their body feels before the exercise, and then discuss how it feels afterwards. Have your child get comfortable; this exercise can be done when standing, sitting, or lying down. Children can be encouraged to: bring their shoulders up to their ears, hold for a count of 3, slowly relax for a count of 3, and repeat; push their arms down towards to floor, hold for a count of 3, slowly relax for a count of 3 and repeat, squeeze their hands into fists, hold for a count of 3, slowly relax for a count of 3 and repeat; squeeze their stomach in as if trying to fit between a fence, hold for a count of 3, slowly relax for a count of 3 and repeat; push their feet down to the floor, hold for a count of 3, slowly relax for a count of 3 and repeat.

Visit [www.youtube.com/watch?v=J4mQm0hux1Q&t=1s](http://www.youtube.com/watch?v=J4mQm0hux1Q&t=1s) to watch a video that guides you through a *Tense and Relax* muscle relaxation exercise.

See our elementary (<https://smho-smso.ca/online-resources/sel-posters/>) and secondary (<https://smho-smso.ca/online-resources/sel-posters-for-secondary/>) social-emotional learning poster series for a tense and relax classroom poster than can be used at home.

Follow along the Mental Health and Well-being social media accounts (@SCDSB\_MHWP) to see how well-being is being supported in our schools.

## **Foster families needed in your community!**

Children in our community need you! There is an urgent need for foster homes in Simcoe Muskoka. Simcoe Muskoka Family Connexions is looking for diverse foster care providers who understand children's needs. The needs are diverse and range from babies to teens. Open your home to a child/youth and receive training, support, and between \$85 and \$155 per child and per day. Do you know anyone who may be interested? Visit <https://familyconnexions.ca/fosterconnexions/> to inquire, apply, and for more information. You may also call 705-726-6587 ext. 4.

*Information provided by Simcoe Muskoka Family Connexions*



# DAYS OF AWARENESSES

## March 2024

Date(s)	Observance
March 1-31	Bangladeshi Heritage Month
	Hellenic Heritage Month
March 1	Bahá'í Fast (Bahá'í)
	National Employee Appreciation Day
	Zero Discrimination Day
March 3	World Wildlife Day
March 4-8	Black Mental Health Week
March 8	International Women's Day
	Maha Shivratri (Hinduism)
March 10 – April 9	Ramadan (Islam)
March 11	National COVID-19 Day of Observance
March 12	Epilepsy Awareness Day
March 14	Memorial of Shan-tao/Zendo Daishi (Buddhism)
	National Pi Day
	Sikh New Year (Sikhism)
March 15	International Day to Combat Islamophobia
March 17	Irish Heritage Day
March 18	Clean Monday (Christianity)
March 19	Ostara/Mabon/Lady Day/Spring Equinox (Wicca)
March 20	Festival of Higan-e (Buddhism)
	French Language Day
	International Day of Happiness
	Naw Ruz/New Year (Bahá'í)
	New Year (Hindu)
March 21	Eid-e-Navroz (Islam)
	International Day for the Elimination of Racial Discrimination
	International Day of Forests
	Navroze/New Year (Zoroastrianism – Fasli Calendar)
	World Down Syndrome Day
	World Poetry Day
March 22	World Water Day
March 23	National School Crossing Guard Appreciation Day
March 23-24	Purim (Judaism)
March 25	Holi (Hinduism)
	International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade
March 25-27	Hola Mohalla (Sikhism)
March 26	Khordad Sal (Zoroastrianism – Fasli Calendar)
	Purple Day – Supporting Epilepsy
March 29	Good Friday (Christianity)
March 30	Earth Hour
March 31	Easter (Christianity)